

# Searching for the Origin of Mirin

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## Introduction

What is mirin? The dictionary defines it as a type of sake made by brewing a mixture of *shochu* spirits and steamed glutinous rice, with *koji* mold added, and then pressing the mash to remove the lees. Compared with the widely known brewed alcoholic beverage called sake, mirin presents us with a newer type of ‘sake.’ Why is it called a new type of sake? Because the emergence of the distilled alcoholic beverage called *shochu* is new.

Without *shochu*, there is no mirin. The current liquor tax law of Japan categorizes mirin not as brewed or distilled liquor but as mixed liquor. Mirin could not be created without *shochu*, which is made by distilling brewed sake. Though we might assume that a new alcoholic beverage would have a well-known origin, we are left with two theories regarding the origin of mirin. One presents a Japanese-origin while the other suggests it was introduced from overseas. The former theory is still advocated, while the latter theory has less support. Why? This article explores the origin of mirin by examining diverse Chinese characters seen as expressing mirin in the literature of the Ming and Qing dynasties.

## Huya Cannot Surpass Komai Nikki

The first mention of ‘mirin’ in Japan is believed to be found in *Komai Nikki* (Komai Diary), dated from 1593 (Figure 1). It is written that mirin was presented as a gift to Toyotomi Hideyoshi (1537–1598), who then ruled Japan.

Mirin also appears in *Taikoki*, a biography of Toyotomi Hideyoshi that is referenced as a record of the period during Hideyoshi’s rule of the country. Mirin appears as one of the wines Christian priests offered to common people in their missionary activities. Although *Taikoki*, written by Oze Hoan during the Kanei era (1624–1644) of the Edo period (1603–1868), was not a contemporary document, it tells us that mirin was used as a rare foreign item that was sought after by people of Hideyoshi’s era.

Furthermore, mirin appears in *Teitoku Bunshu* (Collection of Teitoku’s Writings), written by Matsunaga Teitoku (1570–1653). It is a record of 1650 (Figure 2)

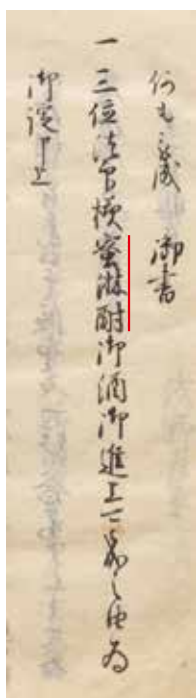


Figure 1  
*Komai Nikki*  
(National Archives of Japan)

and declares, ‘wine, *shochu* spirits, mirin, and other such liquors were brought in from foreign countries.’ This provides support for the claim of mirin’s overseas origin. However, why then is the overseas-origin theory not dominant? The major reason is the lack of Chinese literary materials other than Huya that can be referred to as support (Figure 3).

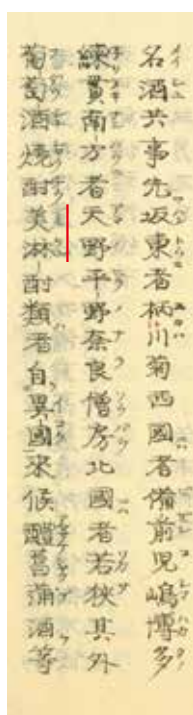


Figure 2  
*Teitoku Bunshu*  
(Union Catalogue Database of Japanese Texts)

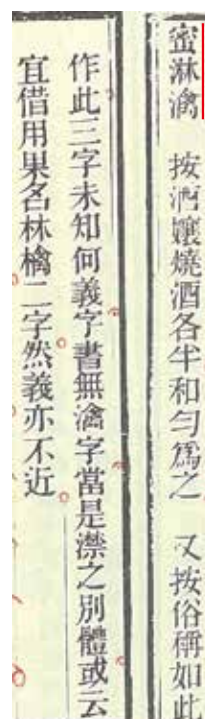


Figure 3  
Huya ‘Chugoku Shokkei Soshu’

## The Poor State of Chinese Literary Materials

In his 1976 book, Osamu Shinoda commented, ‘*Huya* is interesting... This nine-volume book authored by Wang Yuezhen in the 3<sup>rd</sup> year of Guangxu, 1877, is a catalog that describes the products of Huzhou, a prominent city in



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northern Zhejiang province. Volume 8, which describes alcoholic beverages, tea, and local dishes, is not simply a food journal of the Huzhou area but is an important source regarding the culinary history of a specific region in the late Qing dynasty (1636–1912).<sup>7</sup> Mirin appears as a topic in Volume 8 following *shaojiu* (distilled spirits) under the category of *zaoniang* (brewing).

The format of the book involves compiling relevant passages for each entry from earlier texts (primarily local journals, with about 50 cited works in Volume 8 alone), accompanied by annotations from the author-editor. However, for mirin, there are only two annotations. Would this be because no description concerning mirin was found in earlier literature? The author-editor might have known the name only as a kind of alcoholic beverage. The first annotation states that mirin is made by mixing equal parts of sake *koji* mold and *shaojiu* (*shochu* spirits). However, mirin cannot likely be made with this half-and-half mixture. The second annotation states, ‘It is commonly referred to as that and these three characters (蜜淋瀹) are used, but we don’t understand what they mean. The character ‘瀹’ is not found in dictionaries. Is it a variant form of ‘灤’? Some say that the two characters ‘林檎’ are borrowed, but that does not make sense.’ The author of *Huya*, a text that is referred to as the prime source used in searching for the origin of mirin, does not appear to have much knowledge of mirin.

Even if the author lacks knowledge, a document can still provide some meaningful value if the author devotes himself to keeping records. However, *Huya* cannot compete with *Komai Nikki*, as there are roughly 300 years between the publication in 1593 of *Komai Nikki* and of *Huya* in 1877. *Komai Nikki* is far older, and makes it obvious that the overseas-origin theory does not hold up to scrutiny. Furthermore, mirin is a uniquely Japanese alcohol and an essential seasoning in Japanese cuisine, and the absence of reports of mirin in modern China makes the Chinese origin theory even more untenable. If mirin had been brought from overseas, there should be some current evidence of it at the claimed source.

## From the Literary Resources of the Qing Dynasty

In the following, the characters meaning ‘mirin’ have been picked up from literature written in the Chinese language in reverse chronological order.

### (1) Yuu’ensha Joudan

Mirin appears in a volume published in 1770, roughly a hundred years earlier than *Huya* (Figure 4). This appears in a book called *Yuu’ensha Joudan* (Everyday Language at Yuu’en Group), which is now included in *Towa Jishoruishu* (*Kyuko Shoin*). Although it was not a Chinese publication, it was a Chinese language study book from the Edo period. Chinese language learning during the Edo period was initially limited to interpreters in Nagasaki’s Dejima and Zen monks, but it later spread to Edo and became common among Confucian scholars. Each Chinese word here, written in three Chinese characters, has its Chinese pronunciation on its right and its meaning in Japanese on its left, both written in Japanese *katakana*. Following entries on insects are five food names, including two

types of alcohol: *toso* and mirin. *Toso* is prepared by soaking a spicy mixture of medicinal herbs, called *tososan*, in mirin, to be consumed in celebration of the New Year. Perhaps it was served at New Year gatherings of Chinese language students. The publication year of *Yuu’ensha Joudan* falls within the Qianlong era (1736–1796).

### (2) Kikou Bunkenroku

Mirin is also seen in a manuscript entitled *Kikou Bunkenroku* (Record of Observations in Nagasaki) (Figure 5). This is a textbook featuring Chinese language usage observed in Nagasaki around 1723–36. Being up to date is vital to conversation textbooks, so this would likely be filled with the latest Chinese language in use in Nagasaki at the time. Words are categorized by meaning, such as insects, foods, and names of human body parts. Nine types of alcohol are listed at the end of the food category. Mirin appears after *zhuangyuanhong* (状元红), followed by *huiquan* (惠泉), *nyzhen* (女贞), *sanbaijiu* (三白酒), *lanlingjiu* (蘭陵酒), *baojiu* (包酒), *huojiu* (火酒), and *lizhiniang* (荔枝釀). The Chinese pronunciation is provided to the right of each word, written in Chinese characters, with the Japanese translation below the word. The combination of *zhuangyuanhong* and mirin is also seen in *Wenzhou Fangyan Cidian*

(*Wenzhou Dialect Dictionary*) to be mentioned later, and they are considered to be products that differ in the percentage of alcohol contained within. *Huiquan*, appearing together with *sanbaijiu* in *Tiehua Xianshi*, the next literary source to be discussed, is a choice sake. *Nyzhen* and *lanlingjiu* are also seen in *Suiyuan Shidan* (*The Way of Eating*) written by Yuan Mei, a Qianlong-era poet, in which the former is referred to as *nyzhen* of Suzhou and is rated poorly, while the latter is referred to as *lanlingjiu* of Changzhou and rated highly. Both are products of Zhejiang.



Figure 4  
Yuu’ensha  
Joudan ‘Towa  
Jishoruishu’

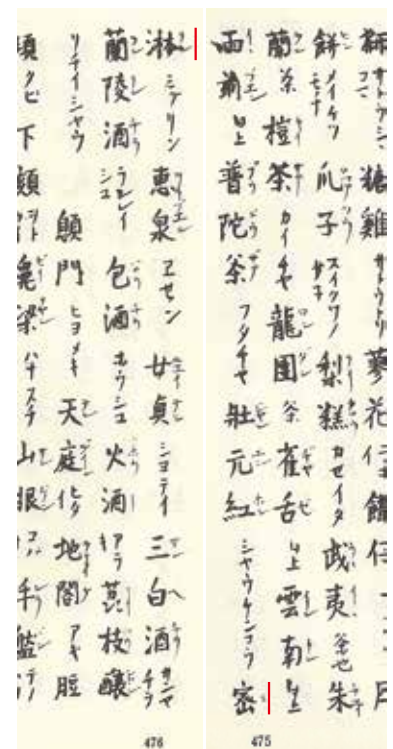


Figure 5  
Kikou Bunkenroku ‘Towa  
Jishoruishu’



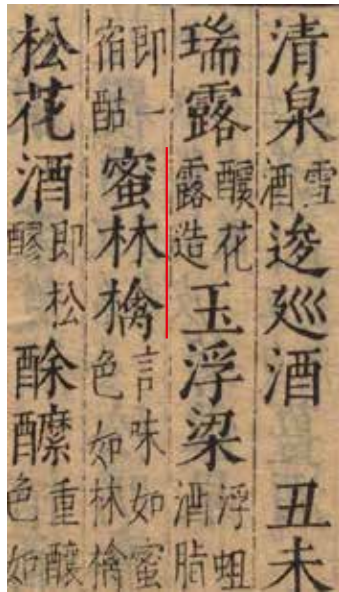


Figure 9 *Shiwu Ganzhu*

### (7) Shishi Tongkao

Although the names of the compiler and publisher of this text are provided, there is no mention of the year of publication. However, earlier studies unanimously note that *Shishi Tongkao* (A Comprehensive Study of Worldly Affairs) was published during the Wanli era. Volume 2, Page 16b of *Shishi Tongkao* has 26 two or three-character names that describe alcoholic beverages, among which mirin is included (Figure 10). However, it uses the character *nong* (濃) rather than *lin* (林) that we have seen so far. One possible reason for this might be that, in Anhui province where the compiler was from, the use of L and N were often mixed. Another explanation could be that *nong* (濃) was used to express the sweetness and strong flavor of mirin. The combination with *jinpanju* listed immediately after mirin is as stated in the aforementioned *Minxiaoji*. Of the 26 names of alcoholic beverages, 12 are three-character names, of whom 10 three-character names, excluding mirin and *jinpanju*, consist of two characters + the character *jiu* (酒). *Jinpanju* (金盤菊) also consists of two characters + the character *ju* (菊). Mirin, meanwhile, consists of *mi* (蜜) + two characters, which indicates its unique character. For the three-character names in the aforementioned *Shiwu Ganzhu*, many of the third characters are either *jiu* (酒) or *chun* (春). This has been common among alcohol names since the Tang period (618–907).

### (8) Tongya

If we are to discuss *Tongya*, written by the late Ming and early Qing thinker Fang Yizhi (1611–1671), it should



Figure 10  
*Shishi Tongkao* 'Min Shin Zokugo Jisho Shusei (Corpus of Ming and Qing Slang Dictionaries)'

ideally be included among the Qing dynasty sources in the previous division. However, it has been placed before the Wanli era sources because it may cite a fragment from *Yinshan Zhengyao* (Proper and Essential Things for the Emperor's Food and Drink). The section containing mirin (sweet rice wine) is shown in the illustration (Figure 11). Regarding *Yinshan Zhengyao*, Noriko Miya wrote in her paper in 2002, 'It is a cookbook, medicinal text, and herbal book of the Yuan period. Mongolian dishes and the dietary regimen of that time are described with illustrations. Hu Sihui presented it as a tribute to Emperor Wenzong of the Yuan dynasty in 1330. The book was not published and was kept in a storehouse of precious items during the Yuan dynasty. It was eventually reprinted and published by order of Emperor Jingtai in 1456. This Jingtai edition was then brought to Japan. In the 20<sup>th</sup> century, *Sibu Congkan Xubian* included a photocopy of the Jingtai edition in possession of Seikado Bunko in Japan. It is also shown in *Chugoku Shokkei Soshō* (Synopsis of Chinese Recipes).' The image in this article was taken from *Chugoku Shokkei Soshō*.



Figure 11  
*Tongya* (National Diet Library)



Figure 12  
*Yinshan Zhengyao* 'Chugoku Shokkei Soshō'

The problem is the text that is considered as being cited by *Tongya* is not seen in the Jingtai edition contained in *Chugoku Shokkei Soshō* (Figure 12). When compared, *Yinshan Zhengyao* as cited by *Tongya* and that contained in *Chugoku Shokkei Soshō* are so different that they seem to be from different books. In 2002, Miya further stated in her paper, 'In the meantime, there is also an edition published in the Ming period and an abridged copy that differ from the Jingtai edition, and some remaining volumes from the edition published in the Yuan period. No copy of the edition published in 1475 shortly after the Jingtai edition exists today, and the fact that it existed at all has largely been unknown until recently. However, a faithful abridgment of that edition has been reported.' There arises a possibility that *Yinshan Zhengyao* in *Chugoku Shokkei Soshō* is the Jingtai edition (1456), and *Yinshan Zhengyao* cited in *Tongya* is either the Chenghua

edition (1475) or its abridgment. This raises the possibility that the Chenghua edition is an edition published in the Yuan period (1330) of a lineage that is different from the edition published during the Jintai era, and this is what was cited in *Tongya*. If this hypothesis is correct, mirin was referred to in *Yinshan Zhengyao* (1475) cited in *Tongya*, which would be a case of mirin being used in Chinese and predating its use in *Komai Nikki* of 1593. However, this is only a hypothesis and greatly differs from the empirical textual analysis of Qing dynasty documents examined thus far. In addition, if it was in fact written during the Yuan dynasty, the writer would have referred to the country as *Da Yuan* (Great Yuan) or *Ben Chao* (this dynasty), not simply as Yuan. Although the country name on the printing block may have been changed at the time of publication during the Chenghua era of the Ming dynasty, the citation theory of *Yinshan Zhengyao* in *Tongya* needs to be considered carefully. Nevertheless, there is no doubt that mirin is referred to in *Tongya*.

## From Modern Chinese Dialects

Another strike against the introduced-from-China theory is the absence of reports of mirin in modern China. Therefore, ‘descendants of mirin’ are sought in the following.

### (1) Hanyu Fangyan Dacidian

A massive dialect dictionary was compiled based on the collection of dialects from ancient and modern texts, using approximately 500,000 data cards, containing about 15 million characters and 200,000 entries. This effort, the five-volume *Hanyu Fangyan Dacidian* (Chinese Dialect Dictionary), was compiled collaboratively by Fudan University and Kyoto University of Foreign Studies. In this voluminous work, mirin appears only twice. The aforementioned No. 6 *Shiwu Ganzhu* is cited in *Zhenhai Xianzhi*, published in the fifth year of the Guangxu era (1879) in the Qing dynasty, and a term that seems to be a descendant of mirin is seen in *Baiyangcun Shange* (Baiyang Village Folk Songs) (Figure 13). No detailed information is provided to explain what kind of alcoholic beverage it is or what its alcohol content is. It is only described as a sweet and delicious alcoholic beverage made from rice. Yet, the information that it is associated with *Wuyu* (Wu Chinese) is valuable, as it suggests the possibility that a descendant of mirin may exist in *Wuyu*.

【蜜林檎】〈名〉一种美酒。吴语。浙江镇海。清光绪五年《镇海县志》：“《事物纪原》：‘酒名～，言味如蜜，色如林檎。’”浙江宁波 [miɿ<sup>12-2</sup> liŋ<sup>22-44</sup> dʒiŋ<sup>22-44</sup>].

【蜜淋漓】〈名〉一种米制甜酒。吴语。上海奉贤。《白杨村山歌》：“高粱烧相对～，～好酒敬客人。”

Figure 13 *Hanyu Fangyan Dacidian*

### (2) Xiandai Hanyu Fangyan Dacidian

While the dictionary above was compiled based on

cards, *Xiandai Hanyu Fangyan Dacidian* (Modern Chinese Dialect Dictionary) compiles research based on informants. This is another voluminous work, consisting of 42 volumes covering dialect research conducted at 42 sites from Harbin in the north to Hainan Island (Haikou) in the south forming a counterpart to the previous dictionary. By examining the semantic classification index under “Food, Drink, Tobacco, Tea, and Alcohol” at the end of each volume, a term believed to be a descendant of mirin (sweet rice wine) was found in *Wenzhou Fangyan Cidian* (Wenzhou Dialect Dictionary) only (see Figure 14). Notably, the first character used is not mi (蜜) meaning honey, but mi (米) meaning rice. In modern Chinese, “蜜” and “米” are homophones (though with different tones), and since rice is the raw material of mirin, it was likely written with this character. The only information about alcohol content is a comparison with *zhuangyuanhong*, though no specific figure is provided. It is noteworthy that it is described as *huangjiu* (黄酒), a type of Chinese rice wine, while the discussion in this article is based on the idea that mirin is a distilled beverage in which *shochu* (a distilled spirit) is used. *Wenzhou Fangyan Cidian* makes no mention of how a *huangjiu* of greater alcoholic content than ordinary *huangjiu* (a brewed wine) was produced, or how other beverages of even greater alcoholic content than that were produced, or whether a distillation process was used. The combination with *zhuangyuanhong* is as shown in the aforementioned *Kikou Bunkenroku*.

【米林檎】meiɿɿ leŋɿɿ dʒiŋɿɿ 一種近似狀元紅，但酒精含量高於狀元紅的黃酒

*Milinqin* (米林檎): *Huangjiu*, which is close to *zhuangyuanhong* but with greater alcoholic content

【狀元紅】dʒyɿɿɿ ŋyɿɿɿ fiɿŋɿɿ 黃酒的一種。以大米或糯米為原料，采用紅麴釀成。與普通黃酒不同的是，將第一次釀成的酒當作水，加米再釀，經二次釀成的酒殺菌後才是成品

*Zhuangyuanhong* (狀元紅): One type of *huangjiu* (yellow wine) brewed by fermenting rice or glutinous rice with red *koji* mold. The difference from ordinary *huangjiu* is that rice is added to the initially brewed wine and fermented again, and the liquor produced from this second fermentation is sterilized to become the final product.

Figure 14 *Wenzhou Fangyan Cidian*

Wenzhou is a city located in southern Zhejiang province, adjacent to Fujian province. Wenzhou and Huzhou (featured in *Huya*), belong to the *Wuyu* region. However, Huzhou is located in the northern part of the province, on the shores of Tai Hu (Lake Tai), and about a hundred years ago, a Huzhou literatus noted mirin (sweet rice wine) as unknown. How, then, should we consider that its descendant still lives on in Wenzhou today? Even within the same Wu dialect region, the difference can be attributed to variations in food culture, including the geographical distinction between an inland lakeside city and a coastal city on the East China Sea.



Zhejiang province covers roughly 100,000 square kilometers, which is almost equivalent to the total of Japan's two largest prefectures together, the roughly 98,000 square kilometers of Hokkaido and Iwate prefectures.

## Closing

In considering the origin of mirin (sweet rice wine), the hypothesis of a foreign introduction, which had previously been less compelling compared to the domestic origin theory, now seems to carry greater persuasive weight based on the discussions thus far. How did mirin, which appears sporadically in Chinese sources, make its way to Japan? If Chinese individuals (whether merchants or Buddhist monks) brought mirin to Japan, one would expect standardized records in kanji to have been used for such a well-defined product. The fact that various notations are observed suggests that transmission occurred primarily through phonetic means rather than written characters. Furthermore, culture is like water, which runs from higher places to lower places. Since the early 7<sup>th</sup> century when Japanese missions were sent to Sui China, Japanese delegations traveled to China to learn about the latest knowledge and technologies. However, trade with China was heavily curtailed due to national isolation in the Edo Period and was even limited during the rule of Toyotomi Hideyoshi. A conceivable route could have been via Okinawa, the Ryukyu Kingdom. To liaise with China and Japan, the Ryukyu Kingdom established Ryukyu-kan sites in both Fuzhou and Kagoshima. The geopolitical position of the Ryukyu Kingdom should not be overlooked. In Ryukyu, *Rekidai Hoan* (Precious Documents of Successive Generations) still-preserved historical records primarily describe political exchanges with China (Ming and Qing) and other countries (Figure 15). It has been stated in earlier studies that mirin (蜜林檎) is mentioned in a letter sent (presumably in 1479) from a high official of Siam addressed to Ryukyu (Figure 16).



Figure 15



Figure 16

Alcoholic beverages mentioned in *Rekidai Hoan*, etc. (Ryukyuan International Relations and Sources for Modern Okinawa History Digital Archives)

To offer a tentative conclusion, it could be said that the origin of mirin lies in Siam, its etymology in China, and its development in Japan.

## Addendum

In this paper, the characters used in the sources are, in principle, not converted to printed type; illustrations are employed instead. This is partly because the equivalent printed characters may not be available, but primarily to emphasize the actual forms of the characters as they were used. Tracing back from *Huya*, nine distinct character forms are presented. However, their pronunciation is not indicated. This is because knowing how they were read (pronounced) is considered to be a fundamental issue. Many of the literary resources referring to mirin use characters with a left radical called 'sanzui (氵)' or 'torihen (酉)', which indicates liquid or alcohol. Character radicals define the category. In some cases, as seen in No. 5 *Kezuo Zhuiyu*, the character (酒) meaning alcohol is added. This is a translation technique broadly used in modern Chinese for the adoption of foreign vocabulary, such as *kapiān* (卡片) meaning 'a piece of paper or card' and *jipuche* (吉普車) meaning 'jeep, a type of vehicle.'

In contrast, the question raised in *Huya* is important. That is, the third character '滷' is not found in dictionaries. The character was created for Figure 13 thanks to the technological progress, but it is somewhat clumsy. A character resembling '禽' is '禽', which is used in the modern Chinese language as a simplified Chinese version of '離.' A character having 'sanzui' on the left with '禽' on the right is listed in dictionaries, where it is explained as being used in such words as 'linli (淋漓)', and indicates the dripping state of water, sweat, blood, etc.

*Linqin* (林檎) is a *join* rhyming compound (a two-character phrase where both characters share the same vowel) and *liuli* (淋漓) is a *sosei* (an alliterative compound consisting of two characters with a common initial consonant). Both of these words are unbreakable collocations that cannot be used separately. Examples of *join* include *xiaoyao* (逍遙) and *lianmian* (連綿) and those of *sosei* include *fangfa* (方法) and *cenci* (參差).

Beverages with unprecedentedly high alcohol content were brought in from overseas (for example, the aforementioned Siam). Strong alcohol was different from brewed alcohol made by applying fermentation. Brewed alcohol, even if produced by undergoing repeated applications of fermentation and brewing, cannot compare to alcohol made by distillation in terms of alcoholic strength. What did people call such a foreign alcohol? It may have been called *mi linli* (蜜淋漓) as it would have been recognized as a viscous alcohol that was as sweet as honey. If the term ‘*mi linli*’ was known, there would be no problem even if the third character was written as ‘漓.’ Understandably, ‘密’ would be written in place of ‘蜜.’ A problem would arise when a person who was unfamiliar with ‘*mi linli*’ would have arbitrarily interpreted and rewritten the character. Presumably, this is how *mi linqin* (蜜林檎) has emerged. The traditional convention in naming three-character alcohol names relies on two characters (name of the place of production, name of ingredient, etc.) + 酒 or 春 or 酎 (meaning alcohol, spring, and strong liquor, respectively). However, 蜜淋漓 is structured as ‘蜜’ (indicative of the taste that characterizes mirin) + two characters (onomatopoeia or mimetic word). In Fujian province, there is an alcoholic beverage called ‘*michenchen* (蜜沉沉)’ (Figure 17). The ABB pattern, where an adjective is followed by a repeated character, conveys a vivid, lively

impression of the sound. In some cases, 酒 or 酎 is added as a fourth character. In other cases, names consisting of one character + two characters are misinterpreted as two characters + 1 character, resulting in the third character being deleted. An example is shown in Figure 5 *Kikou Bunkenroku*. Furthermore, there were cases where the third character was deleted and replaced by 酒 or 酎.

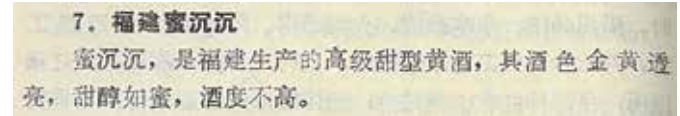


Figure 17

*Zhongguo Tutechan Daquan* (Complete Collection of Chinese Specialties)

If we consider the above, we may be able to understand why there have been so many ways of writing ‘mirin.’

This article is based on my lecture titled “In Search of the Origin of the Word, Mirin” in the Kikkoman Food Culture Seminar held on February 15, 2025.

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 Osamu Shinoda 1976, *Chugoku Shokumotsu-shi*, Shibata Shoten

Timeline

Period	China	Period	Japan / Ryukyu
1300	1330 <i>Yinshan Zhengyao</i> 	Kamakura (late 12 <sup>th</sup> century-1333) Nanboku-cho (1337-1392) Muromachi (1336-1573)	
Ming (1368-1644)			
1400	1405-33 Zheng He's expeditions	Sengoku (1467/1493-1573)	1479 <i>Rekidai Hoan</i>
1500		Azuchi-Momoyama (1573-1603)	1543 Guns were brought in from Portugal 1549 Christianity was introduced by Francis Xavier
1600	Wanli era (1573-1619) <i>Shishi Tongkao</i> 1604 <i>Shiwu Ganzhu</i> <i>Kezuo Zhuiyu</i> 		1593 <i>Komai Nikki</i> 
	<i>Tongya</i> 	Edo (1603-1868)	
Qing (1644-1911)	<i>Minxiaoji</i> (Shunzhi era 1644-1661) <i>Tiehua Xianshi</i> (Kangxi era 1662-1722)		1649 <i>Teitoku Bunshu</i> 1661 <i>Taikoki</i>
1700	<i>Kikou Bunkenroku</i> (Yongzheng era 1723-36) 		1713 <i>Wakan Sansai Zue</i> 
	1770 <i>Yuu'ensha Joudan</i> (Qianlong era 1736-1795) 		(Kikkoman Institute for International Food Culture)
1800		Meiji (1868-1912)	1814 Horikiri Monjiro II started to sell shiro mirin. 
	1877 <i>Huya</i> 		(Property of Kanagawa Prefectural Museum of Cultural History)